

Adult Learning and Engagement Programming Schedule Fall 2016- Spring 2017



GUEST SPEAKER Rabbi Paul Schneider

Thursday, November 17
7:00 p.m.

**“What Makes a Story
a Jewish Story?”**

Jewish lessons are anchored
in the Torah. The Torah teaches
us how to lift up other people,
and as we do so, we will soar.

Free of charge.

Open to the community.
Registration appreciated.

Global Day of Jewish Learning with Rabbi Bergman

Sunday, November 20, 9:30 a.m.

**“Under the Same Sky:
The Earth Is Full of
Your Creations”**

Adat Shalom is one of hundreds
of organizations around the
world participating in the
Global Day of Learning.

ADULT HEBREW CLASS

coordinated by the Men’s Club
Wednesdays, Oct 5 - Dec 14
7:00 - 8:30 p.m.

Beginner and intermediate
Hebrew learners will enjoy
this class. There is a fee.

To register, contact Don Rudick
(248) 390-5981 or
zeedon1@gmail.com

PRAYERFUL PILATES

*Strengthen Your Core
Through Jewish Tradition*

Rabbi Shere will share spiritual
insights before a floor Pilates
class. There is a fee.

Register at:

www.adatshalom.org/pilates

Sundays at 10:30 a.m.

November 6 and February 5

Mondays at 11 a.m.

March 6, April 3, and May 8

*Health and Wellness coach and
Pilates instructor Sheila Tyner
will lead the Pilates portion
beginning February 5th.*

Shabbat Torah Study

Saturdays 9:45 a.m. - Ending in time for the sermon

Join clergy and educators each week for in-depth study
of the weekly Torah portion.

LUNCHTIME LEARNING

Each session begins at 11:45 a.m. Adat Shalom clergy explore a variety
of timely topics. You are invited to bring your own dairy lunch.
We will provide coffee and a light dessert. Free of charge.
Contact Sheila to register, slederman@adatshalom.org

Rabbi Bergman

■ Mondays, December 5, 12 & 19

“Jewish Artists and the Avant-Garde”

This class will also be available to view via a live webinar.

Future series: Thursdays, February 9, 16, 23

Rabbi Shere

■ Tuesdays, November 8 & 15 “What Does Judaism Say About Love?”

Rabbi Yoskowitz

■ Tuesday, November 29, 2016

Jews & Genes: The Genetic Future in Contemporary Jewish Thought
by Elliot N. Dorff and Laurie Zoloth (Eds.)

SYNERGY SHABBAT WEEKEND PROGRAMS

Celebrate Shabbat with traditional or alternative options including
meaningful prayer, singing, Shabbat dinner, guest speakers,
Soulful Yoga, Torah study and family Shabbat experiences.

Professor Susannah Heschel December 9-10

Rabbi Donniel Hartman May 19 - 20

HOW TO LEAD A SHIVA MINYAN

A 3-part learning series on Wednesdays at 7 p.m. with our clergy
One of the greatest and most fulfilling mitzvot is *Menachem Avel* or
comforting the mourner. We are always looking for members to perform
this mitzvah, so please consider this special opportunity.

November 2 Rabbi Bergman November 9 - Rabbi Shere

November 16 - Hazzan Gross

Registration appreciated.

FRIENDS (a new program) -

Fun. Relationships. Interests. Excitement. Nourishment. Discovery. Service.

Tell Adat Shalom FRIENDS what interests you and we'll come up with
10-12 members you may not know, but who like the same things you do.

For information and to register, contact Charlotte Dubin,

■ cmd67@mi.rr.com or Jeannie Weiner, Weiner.jeannie@gmail.com

JCC BOOK FAIR

Thursday, November 3, 6 p.m.

Rabbi Bergman will introduce author Jonathan Safran Foer who will discuss his new book, *Here I Am*.

For more information,
www.jccdet.org

Pirkei Avot and Friends: The Best Jewish Guides to Living a Better and More Meaningful Life with Rabbi Bergman

Judaism has many texts, including *Pirkei Avot*, that are great guides to living a good and meaningful life. They transmit timeless advice for everything from having happy relationships to creating harmonious communities. Each class is self contained. No previous knowledge necessary. Mondays at 7 p.m.: November 14, November 28, December 12, January 9, February 13, March 13 and March 27

UP YOUR GAME *In Life*

with Rabbi Shere

Monday, January 23 - 11:30 p.m.

"Sex in the Text: A look at Jewish attitudes towards relationships and sexuality in the Torah, Talmud and in Kabbalah."
Tables available for game playing.
No charge. RSVP's appreciated.

DINE AND DISCOVER

(formerly known as Supper Series)

Stimulate your mind with Adat Shalom clergy and enjoy a delicious meal
Hosted by a member. \$10/person. Space is limited.
Sundays at 5:30 p.m. on December 11, March 5, May 21, June 11

WOMEN'S SPIRITUALITY RETREAT

Led by Rabbi Shere and Mindy Eisenberg, Yoga Instructor
March 17-19, 2017
Spend a long weekend practicing mindfulness practices and yoga at a beautiful Michigan retreat setting.
www.adatshalom.org/retreat

ADULT CHOIRS

If you love to sing, one of the Adat Shalom choirs may be for you! If interested, contact Hazzan Gross.

SOULFUL YOGA

Saturdays, 10 to 11:15 a.m.

Connect body and soul with the wisdom of Torah discussed by Rabbi Shere and through yoga led by instructor Mindy Eisenberg.

November 5 & 12,
December 10 & 17,
January 7 & 21, February 4 & 18,
March 4 & 25, April 29,
May 13

Congregation – Wide Volunteer Day

Sunday, December 18, 11 to 1 pm

Spend time helping our community. Hands-on programs for volunteers of all ages.
For information: Jodi Gross.

Their Journeys: Jewish Women Throughout History

Taught by Jodi Gross
Mondays, 11:45 a.m.
November 7, 14, 21 & 28
Free of charge.
Each class is self-contained.

MEDITATION AND MINDFULNESS

led by Rabbi Bergman

Find your internal spirituality and realize how Judaism can make you happier. No charge.

Sundays at 9:30-10:30 a.m. on
November 13 & 27, December 4 & 18,
January 8 & 22, February 5 & 19,
March 5 & 26, April 16,
May 7 and 21

TIKKUN ADAT

Sharing more than bricks and mortar through programs to help our members: Tech Connect workshop, making meals for members who are ill or have a new baby.
For information, Charlotte Dubin, cmd67@mi.rr.com

CARING FOR AGING FAMILY

January 22, 2017, 11 a.m.

Rabbi Shere will participate in a panel presentation including Natalie Rosenfeld from Jewish Hospice and Chaplaincy Network and Wendy Winkler from Hospice of Michigan.

SOCIAL ACTION VOLUNTEER PROGRAMS

Help the less fortunate in our community, as well as educate our congregation about community needs and our social responsibility.
Volunteer opportunities for all ages and interests.

SISTERHOOD ROSH CHODESH SERIES

led by Rabbi Shere

Join us for Torah study, participatory prayer and light refreshments.

Monday, February 27 9:30-11 a.m.

Series kick-off with an Interactive service, music and study

Tuesday, March 28, 10-11 a.m.

A one-hour study session to celebrate Rosh Chodesh.

Wednesday, April 26, 10-11 a.m.

A one-hour study session to celebrate Rosh Chodesh.

For more information about adult learning opportunities, check out our website, www.adatshalom.org or contact Jodi Gross, Director of Adult Learning & Youth Engagement, 248.851.5100 or email her at jgross@adatshalom.org
Programming subject to change