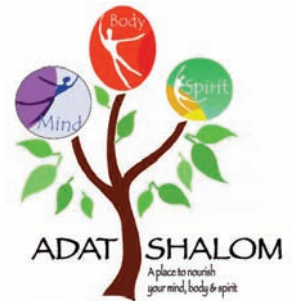


# Adult Learning and Engagement

## Programming Schedule - October to December 2015



### MIND

#### **Shabbat Torah Study**

9:45 am - Join clergy and educators each week for in-depth study of the weekly Torah portion.



#### **Lunchtime Learning**

Each session begins at 11:45 a.m. Our outstanding clergy team will lead you on an exploration of a variety of timely topics. You are invited to bring your own dairy lunch. Adat Shalom will provide coffee and light dessert. Free of charge. Contact Sheila to register, slederman@adatshalom.org

**Rabbi Yoskowitz** will discuss "What I Learned at the Hartman Rabbinic Institute in Jerusalem"

Mondays, Oct 26 & Nov 23

**Rabbi Shere** will discuss "Torah From the Yellow Brick Road"

November 3, 10 & 17



#### **SYnergy Shabbat Program**

Celebrate Shabbat with traditional or alternative options including meaningful prayer, singing, Shabbat dinner, guest speakers, Soulful Yoga, Torah Study and family Shabbat experiences.



#### **Parenting Workshops**

"Parenting the Love and Logic Way" led by Brenda Mann, MA Ed Brought to you by the Bubble Club and hosted by Adat Shalom. Wednesdays, October 14 to December 2, 10 a.m. to Noon. Openings still available.

There is a fee. To register, contact bubbleclubmi.com or 248.702.6358



#### **"Up Your Game in Life" Series**

The game of life is a balancing act, and we all can improve our strategies! Gain informative and spiritual perspectives from our rabbis. You have the option of staying to play your favorite games. Mondays, October 26, 11:45 p.m., October 19 & November 2, 6:15 p.m.

There is a charge for the meal. Reservations are required. Contact Jodi to register, jgross@adatshalom.org.



#### **Guest Scholar Programs**

**Thursday, October 22, 7:30 p.m.**  
**Professor Yael Aronoff**, Director of the Jewish Studies at Michigan State University

"Shifting Sands in the Middle East: Opportunities and Challenges for Israel." Free of charge

**Sunday, November 15, 12:30 p.m.**  
**Rabbi Arthur Green**, "Judaism's Ten Best Ideas: A Brief Guide for Seekers"

Lunch and Learn program with partnership and hosted by JCC Book Fair in West Bloomfield. Tickets: \$18 (includes lunch).

Reservations required one week prior to the event. Purchase tickets at theberman.org or 248.661.1900

**Sunday, November 15, 7:30 p.m.**  
**Rabbi Daniel Nevins**, "Jews and GMO's: Is it Kosher to Mix DNA Among Different Species?"

JTS and Adat Shalom Synagogue are pleased to welcome back to the community Rabbi Daniel Nevins. No charge to attend. Questions? contact JTS Detroit office, 248.258.0055.



#### **Florence Melton School of Adult Jewish Learning**

Course led by Ruth Bergman. A unique opportunity to study the answers to your questions about Judaism, topics in Judaism's wisdom through the ages and the meaning behind the rituals. Wednesdays, October 7 to June 8, 6:45 p.m. at Adat Shalom. Openings still available. Registration required at [www.jewishdetroit.org/melton](http://www.jewishdetroit.org/melton)



#### **Men's Club Breakfast Series**

A calendar of social, cultural, volunteer and educational opportunities begins with Breakfast & Speaker with guest speaker Harley Manela on "Role Reversal: Taking Care of Your Parents As They Age." Sunday, November 8, 9:30 am. Questions about Men's Club events, contact George Dickstein, gddoec@gmail.com



#### **Book Clubs**

##### ***Social Justice***

Under the direction of Rabbi Shere, the group is facilitated by Oakland University Professor Tara Hayes. Monthly at 7 p.m. Fall dates: Monday, October 26 & November 23. There is no charge. The community is welcome. To participate, contact Patti Aaron at [pkaaron@gmail.com](mailto:pkaaron@gmail.com)

##### ***Sisterhood***

Engaging discussions about newly released books hosted at Sisterhood members' homes. Meet Pam Jenoff, author of "The Last Summer of Chelsea Beach" at the JCC Book Fair on November 10, 7 p.m. There is a yearly fee for book club. Future dates include December 3, March 3 and May 12. Questions or to register, contact chairperson Elaine Robins at (248) 681-1885 or [erobs2000@aol.com](mailto:erobs2000@aol.com).



#### **Supper Series**

Clergy and educators bring learning to a member's home with a delicious dinner and an engaging discussion. Registration required and space is limited. \$10/person, 5:30 p.m.

**Rabbi Bergman, Sunday, Nov. 15** Future dates include March 13 with Rabbi Yoskowitz, April 3 with Rabbi Shere and May 22 with Hazzan Gross. To register, contact Sheila, slederman@adatshalom.org



#### **Adult B'nai Mitzvah Class**

Join others who would like to learn Hebrew and study Jewish history, philosophy and culture in preparation to celebrate this milestone. Learn with our clergy on Wednesdays starting on Wednesday, January 20, 9:30 a.m. For more information and to register, contact Jodi Gross.

Check out the Adat Shalom website at:  
[www.adatshalom.org](http://www.adatshalom.org)

❖  
**BODY**

**Soulful Yoga  
with Rabbi Shere**

Connect body and soul with the wisdom of Torah discussed with Rabbi Shere and through yoga led by instructor Mindy Eisenberg Saturdays, 10 to 11:15 a.m. on October 24, December 5 & 19.

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**Kosher Cooking  
Demonstration & Wine  
Tasting with Quality  
Kosher Catering**

“A Taste of Thanks” with Rabbi Bergman. He will introduce you to tasty and creative dishes and wines for your Thanksgiving meal. Hosted by Henry Ford West Bloomfield Hospital.

Monday, November 16, 6:30 p.m. There is a fee.

For additional information and to register, contact Jodi Gross.

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**Become a member of the  
Adat Shalom Choirs**

If you love to sing, one of the Adat Shalom choirs may be for you! Contact Hazzan Gross for further information.

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**Social Action  
Volunteer Projects**

Through our efforts, we help the less fortunate in our community, as well as educate our congregation about community needs and our social responsibility. We offer volunteer opportunities for all ages and interests.

For information about volunteering, contact Evva Hepner, Social Action chairperson at 248.798.7673 or [evva.hepner@gmail.com](mailto:evva.hepner@gmail.com)

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**Tikkun Adat:  
Sharing More Than  
Bricks and Mortar**

On-going programs include making meals for members who are ill, and assembling baskets for members with a new baby. For information, contact Charlotte Dubin at (248) 538-1388 or [cmd1938@gmail.com](mailto:cmd1938@gmail.com).

**Tikkun Adat:  
Tech Connect Workshop**  
Sunday, October 25, 12:30 p.m.,  
Teens help adults solve their  
challenges with technology.  
To register, contact Jodi Gross.

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**Sisterhood's  
Knitting Circle**  
Knit hats for premature babies in  
NICU and scarves for the homeless.  
No experience necessary.  
Sundays 9:30-11:00 a.m.  
November 8  
Thursdays, 7 - 8:30 p.m.  
October 22, November 19,  
December 17. To volunteer,  
contact [Debbyportney@gmail.com](mailto:Debbyportney@gmail.com).

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**SPIRIT**

**Meditation and Mindfulness  
with Rabbi Bergman**

A series designed to help you find your internal spirituality and experience how Judaism can make you happier. Attend one or all. Each session is an individual experience. Sessions continue throughout the year. There is no charge. Sundays at 9:30 a.m. on October 25, November 8 & 22, December 6 & 20, January 17 & 31

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**Shabbat Rocks**

A rockin' instrumental Kabbalat Shabbat service led by Hazzan Gross, Rabbi Bergman and congregants who will have you clapping, smiling and singing the songs all week long. Future dates to be announced.

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**Shabbat-Appella led  
by Hazzan Gross**

Friday, October 23, 6 p.m.  
The wondrous melodies of Kabbalat Shabbat are presented in intricate harmony, allowing you to participate and be moved by the beautiful words of this service that welcomes Shabbat. Future dates to be announced.

**Weight Watchers  
and Mindful Eating  
with Rabbi Shere and  
Ariella Lis Raviv**  
Wednesdays, October 28,  
November 4, 11 & 18, Noon-1 p.m.  
Join Rabbi Shere and Ariella Raviv of Weight Watchers for a 4-week session tailor-made for Adat Shalom members and friends. \$42/Adat Shalom members \$52/Non-members  
Price includes all Weight Watchers program materials. Space is limited. Reserve your spot by emailing [ariella@weightwatchers.com](mailto:ariella@weightwatchers.com)

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**Looking ahead:**

**Travel to Israel  
with Rabbi Bergman:  
February 10-22**

Discover Israel with Rabbi Aaron and Ruth Bergman in partnership with Ramah Programs in Israel for an amazing experience. For more information contact Melissa Ser: [mser@adatshalom.org](mailto:mser@adatshalom.org), 248.626.2153.

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**Yoga and Meditation Retreat**

led by Rabbi Shere and Rabbi Dr. James Jacobson-Maisels: March 10 - 13, 2016  
Spend a long weekend doing yoga and meditating in a beautiful Michigan retreat setting. He is the founder and Spiritual Director, Or HaLev: A Center for Jewish Spirituality and Meditation in Israel. Watch for more information.

**Travel to Spain  
with Hazzan Gross:**

July 3-14, 2016  
Join Hazzan for the Sephardic Sights and Sounds of Spain, featuring concerts and special events created by the Cantors Assembly. Early bird raffle if you register by December 1. For additional information, visit [www.ayelet.com](http://www.ayelet.com).

For more information about Adult Learning opportunities, check out our website, [www.adatshalom.org](http://www.adatshalom.org) or contact Jodi Gross, Director of Adult Learning & Youth Engagement, 248.851.5100 or email her at [jgross@adatshalom.org](mailto:jgross@adatshalom.org)