

August Learning Opportunities with Rabbi Shere



JEWISH INSPIRATION. SUSTAINABLE COMMUNITIES.

Rabbi Shere along with a panel will explore

Breaking Taboos through New Approaches to Death and Dying

the “Winter” session of Hazon's Michigan Jewish Food Festival Health Seminars: “Health Through the Seasons of Life”

Tuesday, August 15 ~ 7 -9 p.m.

Nourishment looks different at different stages of life. It will be an insightful evening of Jewish wisdom and tradition.

Free of charge. Kindly RSVP to Jodi Gross, jgross@adatshalom.org

**Shabbat Morning
10 a.m.**

August 19

with Rabbi Shere
and yoga instructor Nicole Ferguson

Connect body and soul as we apply the wisdom of Torah to the gentle practice of yoga.
No yoga experience necessary.
Dress comfortably.



- Sisterhood Rosh Chodesh - with Rabbi Shere

A special women's study session
in preparation for the High Holy Days

**Wednesday, August 23
10:00 - 11:00 am**

In honor of the new month of Elul

With the new moon comes an opportunity for self-renewal

We are all busy caring for others.

Experience the potential
Rosh Chodesh offers you in caring for yourself.

RSVP by August 10 to Rochelle Lieberman 248-553-2498
or rochelle.r.lieberman@gmail.com

For questions on any of
these programs -
Contact Jodi Gross,
248.851.5100 or
jgross@adatshalom.org

