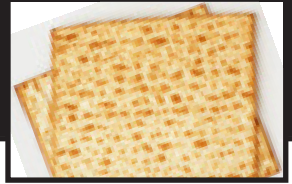


Passover Update 2018



Pre-Pesach Programs

Sunday, March 25 - 9:30 a.m.

Meditation

AND MINDFULNESS

Join Rabbi Bergman & Hazzan Gross

CHAROSET AS A RECIPE FOR A SWEET LIFE

Pre-Pesach Soulful Yoga Shabbat, March 24 10 - 11:15 a.m.

with Rabbi Shere
and skilled yoga instructor Mindy Eisenberg



In this session, we will study Torah and practice yoga in an effort to rid ourselves of "internal chametz."

No yoga experience necessary. Dress comfortably. Please bring a mat if you have one.

"Selling" Your Chametz



The ownership of chametz (leavened food) during Pesach is prohibited in the Torah. For those who wish to adhere to this tradition, Adat Shalom will be happy to arrange for the contractual (virtual) sale of your chametz to a non-Jew for the duration of the Pesach holiday. According to this contract, your ownership of your chametz will end at 9 a.m. on 14 Nisan (March 30) and will be restored at 8:45 p.m. on 22 Nisan (April 7).

You may arrange to sell your chametz beginning Thursday, March 15, through 8:30am on the morning of Friday, March 30. To do so, you may email Michael Wolf (mwolf@adatshalom.org) with your name and address to be added to the contract, or you may come in personally to sign the papers. To sign in person, please see Michael Wolf at minyan (Sun-Fri mornings, and Sun-Tues and Thurs evenings) or call Michael at 248.660.5556 to schedule other weekday availability.

It is customary, but not necessary, to make a contribution to the synagogue for requesting that we act as the agent for the sale of your chametz. *If you wish to do so, we suggest a \$20 donation to Adat Shalom's Minyan Breakfast Fund.*

FIRST SEDER
Friday, March 30

- PASSOVER SERVICES -

First Days

Friday, March 30 6 p.m.
Saturday, March 31 9 a.m. & 6 p.m.
Sunday, April 1 9 a.m. & 8:15 p.m.

Concluding Days

Thursday, April 5 6 p.m.
Friday, April 6 9 a.m. & 6 p.m.
Saturday, April 7 9 a.m. & 7:45 p.m.

Yizkor Prayers will be recited during the Shabbat morning service.

PASSOVER CANDLE LIGHTINGS

March 30 7:39 p.m.
March 31 8:48 p.m.
April 5 7:46 p.m.
April 6 7:47 p.m.



Siyum HaB'khor - Friday, March 30

The Concluding Study Session

with Rabbi Bergman

7:30 a.m. - Shacharit Service and Siyum

Jews commemorate the sparing of the Hebrew first-born sons in the Pesach story by concluding the study of a section of Jewish text the morning of the first Seder (or the previous day if the Seder falls on Shabbat). From the Middle Ages on, prominent rabbis have stated that first-born daughters should attend the siyum as well. At Adat Shalom, all members of your family, whatever their birth order, are invited to join in the siyum and the deluxe *chametz* breakfast that follows.

Chametz Breakfast Buffet followed by a "bonfire" for the burning of your chametz

If you would like to be a co-sponsor of this special breakfast in honor of your first-born and other children, please contact Denise Gallagher in the office at 248-851-5100, ext. 221 or email dgallagher@adatshalom.org.

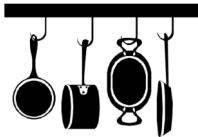
PASSOVER 2018

COSMETICS AND TOILETRIES

All varieties of body soaps, shampoos and stick deodorants are permitted for use on Pesach, regardless of ingredients. All types of ointments, creams, nail polish, hand lotions, eyeshadow, eyeliner, mascara, blush, foot and face powders, ink and paint may be used, regardless of their ingredients. Colognes, perfumes, hair spray, shaving lotions, and deodorants that have restorable, denatured alcohol should not be used. This applies only to products in a pure liquid state. Lipstick that contains chametz should not be used.

KITCHEN SINK

A metal sink can be kashered by thoroughly cleaning it, then leaving it unused for 24 hours, and then pouring boiling water into it. A porcelain sink should be cleaned and a sink rack used. If, however, dishes are to be soaked in a porcelain sink, a dish basin must be used.



KASHERING OF UTENSILS

The process of kashering utensils depends on how the utensils are used. According to halakah, leaven can be purged from a utensil by the same process in which it was absorbed in the utensil (*ke-voleo kakh poleta*). Therefore, utensils used in cooking are kashered by boiling, those used in broiling are kashered by fire and heat, and those used only for cold food are kashered by rinsing.

EARTHENWARE

may not be kashered. However, fine translucent chinaware and earthenware which has not been used for more than a year may be used if scoured and cleaned in hot water.

Bedikat Chametz - The Search for Leaven -

Bedikat Chametz (The Search for Leaven) will be held this year on Thursday, March 29. By tradition, bread crumbs are placed conspicuously in rooms where food is ordinarily eaten or brought.



Using a candle for illumination, a "search" is made to find the remnants of *chametz*, which are then collected using a feather as a whisk. The blessings said at this time are found at the beginning of a traditional Haggadah.

METAL UTENSILS USED IN FIRE

Metal (wholly made of metal) utensils used in fire (spit, broiler) must first be thoroughly scrubbed and cleansed and then made hot until it glows. Those used for cooking or eating (silverware, pots) must be thoroughly scrubbed and cleaned and not used for 24 hours. Then they are completely immersed in boiling water. Metal baking utensils cannot be kashered.

GLASSWARE

There are two different ways of kashering glassware. Glass cookware includes cookware made of modern materials that are non-porous, such as Pyrex®. If you don't have a dishwasher, you may soak the items in water for three days, changing the water every 24 hours. The other way requires only that they be put through a clean dishwasher with no other items.



TABLES, CLOSETS AND COUNTERS

If used with chametz, they should be thoroughly cleaned and covered, and then they may be used. Note that the covering material should be made of material that is not easily torn.

CHAMETZ AND NON-PASSOVER UTENSILS

Non-Passover dishes, pots and chametz whose ownership has been transferred to a non-Jew should be separated, locked up or covered, and marked in order to prevent accidental use.

POST-PESACH ACTIVITIES

Restoring your home to "chametz" is a simple matter, consisting mainly of putting away Pesach utensils and bringing back the *chametz* items to their regular places. Pesach is concluded by havdalah said *over wine*. (The blessings over the candle and the spices are reserved for the conclusion of Shabbat.)

Some families have a custom of eating a heavily *chametz* meal, such as pizza, or at least eating some foods that they sorely missed during Passover. For others, the transition back to *chametz* is a slow one, taking place during the omer period, a transition that goes from the Pesach meals of matzah and meat to the Shavuot meals of dairy foods and leavened bread.



**Chametz may be eaten again after
8:45 p.m. on Saturday, April 7.**

The Clergy, staff and Adat Shalom leadership wish you and yours a happy, healthy and Kosher Pesach!

PASSOVER 2018

Since the Torah prohibits the eating of *chametz* during Pesach, and since many common foods contain some admixture of *chametz*, guidance is necessary when shopping and preparing for Pesach.

During the eight days of Pesach, *chametz* cannot lose its identity in an admixture. Therefore the most minute amount of *chametz* renders the whole admixture *chametz*, and its use on Pesach is prohibited. However, during the rest of the year, *chametz* follows the normal rules of admixture, i.e. it loses its identity in an admixture of one part *chametz* and sixty parts of non-*chametz* (*batel beshishim*). This affords us the opportunity to differentiate between foods purchased before and during Pesach.

What follows are some general guidelines. However, our rabbis should be consulted when any doubt arises. *Kosher le-Pesach* items that do not bear the name of a rabbi or one of the recognized symbols of rabbinic supervision, or which are not integral to the package, should not be used without consulting our rabbis.

Prohibited foods include the following: leavened bread, cakes, biscuits, crackers, cereal, coffee with cereal derivatives, wheat, barley, oats, spelt, rye, and all liquids containing ingredients or flavors made from grain alcohol.

Permitted Foods that require no kosher le-Pesach label if purchased prior to Pesach include: unopened packages or containers of natural coffee without cereal additives (be aware that coffees produced by General Foods are not kosher for Passover unless marked KP); sugar, pure tea (not herbal tea); salt (not iodized); pepper; natural spices; frozen fruit juices (with no additives); frozen (uncooked) vegetables; milk; butter; cottage cheese; cream cheese; ripened cheeses such as cheddar (hard), muenster (semi-soft) and Camembert (soft); frozen (uncooked) fruit (with no additives); baking soda.

Permitted Foods that require no kosher le-Pesach label if purchased before or during Pesach include: fresh fruits and vegetables, eggs, fresh fish and fresh meat.

Permitted Foods that require a kosher le-Pesach label if purchased prior to Pesach include all baked products (matzah, cakes, matzah flour, farfel, matzah meal and any products containing matzah); canned or bottled fruit juices; canned tuna; wine; vinegar; liquor; oils; dried fruits; candy; chocolate-flavored milk; ice cream; yogurt and soda.

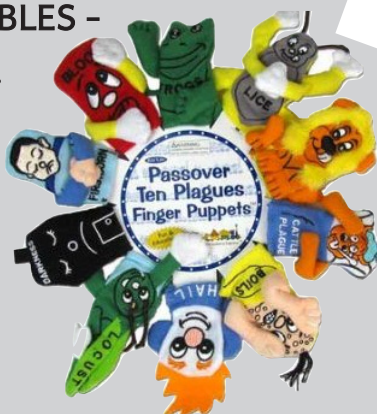
Detergents - If permitted during the year, powdered and liquid detergents do not require a *kosher le-Pesach* label.

Medicine required for health-sustaining therapy may be used on Pesach. If not for health-sustaining therapy, consult one of our rabbis. In all cases, capsules are preferred to pills, with or without *chametz* binders. Before discontinuing any medication, consult a rabbi and your physician.

Information on these pages has been adapted from guides prepared for the Rabbinical Assembly Committee on Jewish Law and Standards. If you have further questions, please contact our Clergy.

SISTERHOOD GIFT SHOP

FOR PESACH - SEDER PLATES - MATZAH COVERS - MIRIAM'S CUPS - SPECIAL COLLECTIBLES - PLAGUE KITS - PUPPETS AND MORE...



**SUNDAYS,
10:30 A.M. - NOON
DURING RELIGIOUS SCHOOL
OR BY APPOINTMENT**

FOR SPECIAL APPOINTMENTS, CALL CAROL VIEDER, 248-661-9008 OR LILLIAN SCHOSTAK, 248-310-2018