



TUESDAY, APRIL 24
6:00 - 8:30 P.M.

Hosted by
Adat Shalom Synagogue

In partnership with
Hadassah of Greater Detroit

**Learn from the experts how to have better
health and wellness in your busy life**

GUEST PANELISTS

RABBI RACHEL SHERE

Adat Shalom Synagogue

DR. STACEY FRANCIS

Chiropractic Kinesiologist & Nutritional Consultant

DR. ESTHER ZEKMAN

D.O., Obstetrics & Gynecology

MODERATED BY DR. TERRI ORBUCH

Ph.D., Professor of Sociology at Oakland University

LITE BITE PROVIDED BY QUALITY KOSHER CATERING

Cost: \$18 (Check payable to Adat Shalom Synagogue)

REGISTER ONLINE AT WWW.ADATSHALOM.ORG/WELLNESS

Free child care is available with advance reservations.

QUESTIONS ??

Jodi Gross, Adat Shalom Synagogue, 248.851.5100

jgross@adatshalom.org

Hadassah of Greater Detroit, 248.683.5030

