

Adult Learning and Engagement Programming Guide at a Glance Fall 2018 - Spring 2019



Guest Speaker KEN SIDLOW

“The White House
and the Jews”

**Sunday, September 23
10 a.m.**

SHABBAT TORAH STUDY

Saturdays 9:45 a.m.

Ending in time to hear the sermon
Join clergy and educators for in-depth
study of the weekly Torah portion.

New York Times
Bestselling author

EDWIN BLACK

“Israel and International
Law: The Historical
Underpinnings”

**Wednesday, October 10
7 p.m.**

in partnership with SAJE & JCRC/AJC

A NEW ADULT B'NAI MITZVAH CLASS

Taught by our clergy and Michael Wolf, Director of Spirituality and Outreach

Part 1: Preparatory Hebrew Reading Skills taught by Michael Wolf
A prerequisite for adults without basic reading knowledge of
Hebrew letters and vowels
October 24, 2018 through January 30, 2019

Part 2: Core Content Class taught by the clergy (on a rotation)
February 6, 2019 through May 29, 2020

All classes are on Wednesdays, 9:30 to 11 a.m.

**Culminating in a B'nai Mitzvah celebratory service
Shabbat morning, May 30, 2020**

To register and for information, contact Caren Harwood,
248.851.5100, ext. 231 or charwood@adatshalom.org

ADULT HEBREW CLASS

Led by the Men's Club
Instruction for beginner and
intermediate Hebrew learners.
There is a fee.

Questions and to register,
contact Don Rudick
(248) 390-5981 or
zeedon1@gmail.com

**Wednesdays, 7:00 - 8:30 p.m.
September 12 - December 19
(no class on 9/19 and 11/21)**

PANEL PRESENTATION ON:

“A Conversation About the Legalization of Marijuana”

Prior to election day, this discussion will focus on
research-based information regarding the impact marijuana
has on our community.

In partnership with JFamily and
the West Bloomfield Community Coalition

Monday, October 22 - 7:00 p.m. at Adat Shalom

MEDITATION & MINDFULNESS

Find your internal spirituality
and realize that Judaism can
make you happier. A refreshing
hour for all ages.

**Led by Rabbi Bergman
Sundays at 9:30 a.m.**

October 21, November 4 & 18,
December 2 & 16, January 6 & 20,
February 3 & 17, March 3 & 17,
April 14 & 28, May 5

LUNCHTIME LEARNING SERIES

Rabbi Bergman

- Thursdays, October 25, November 1 & 8
Future sessions: Thursdays, May 2, 9 & 16

Rabbi Shere

- Tuesdays, November 6 & 13
with an evening session in a private
home on Sunday, November 18 -
space limited for evening session

Hazzan Gross

- Wednesdays, March 5 & 12

SOULFUL YOGA

*Led by Rabbi Shere and
yoga instructor
Mindy Eisenberg*

Connect body and soul as we
apply the wisdom of Torah

10 - 11:15 a.m. on Saturdays

9/8, 9/22, 10/27, 11/3,
11/17, 12/15, 1/5, 1/19,
2/9, 2/23, 3/16,
3/30, 4/6, 4/13, 5/4,
5/11, 6/15 & 6/29

DINE AND DISCOVER

Stimulate your mind with our clergy and enjoy a delicious meal.

Hosted by a member. There is a fee. Space is limited.

Sundays at 5:45 p.m. on April 7 with Hazzan Gross and June 23 with Rabbi Bergman

JCC BOOK FAIR

Introductions by our clergy

Rabbi Bergman will introduce
Dr. Joel Kahn, author of
The Plant Based Solution

Sunday, November 11 - Noon

Rabbi Shere will introduce
author Naomi Levy, author of
*Einstein and the Rabbi:
Searching for the Soul*

Monday, November 12 - 3 p.m.

For more information, contact
www.jccdet.org

2nd ANNUAL WOMEN'S HEALTH AND WELLNESS PROGRAM

Rabbi Shere will lead a part
of this program.

In partnership with Hadassah
of Greater Detroit.

There is a fee.

Hosted at
Henry Ford Hospital WB

Tuesday, April 2 - 7 p.m.

DRUM CIRCLE

with Hazzan Gross



Watch your mail for date & time

PRE-PESACH LEARNING WITH OUR CLERGY

SOULFUL YOGA

with Rabbi Shere

Saturday, April 13 - 10 a.m.



MEDITATION & MINDFULNESS

with

Rabbi Bergman

& Hazzan Gross

Sunday, April 14 - 9:30 a.m.

ANYONE CAN PAINT

Create your own original work
of art. Taught by Rabbi Aaron
Bergman and artist Steven
Wood. In partnership with the
JCC Active Life Department.

There is a fee.

Thursday, May 30, 11 a.m.

FRIENDS: VIRTUAL TOUR

"From Hastings to Home: An Introduction to Detroit's Early
Jewish History" led by Margery Jablin and Jeannie Weiner
You are welcome to bring a pareve or dairy lunch.

Thursday, December 6, at noon

Free of charge.

In partnership with the Michigan Jewish Historical Society

SYNERGY SHABBAT WEEKEND PROGRAMS

Celebrate Shabbat with traditional or alternative options including
meaningful prayer, singing, Shabbat dinner, guest speaker,
Soulful Yoga, Torah study and family Shabbat experiences.

Rabbi Joseph Telushkin - March 15-17, 2019

Israel Journalist Matti Friedman - May 3-5, 2019

CONCERT & PROGRAM

Hazzanut: An exploration of
the history of the virtuoso
cantorial art form of
Jewish prayer

led by Hazzan Gross

Spring 2018

at Adat Shalom

In partnership with the
JCC Active Life Department

4TH ANNUAL SPIRITUALITY RETREAT FOR WOMEN

led by Rabbi Shere
and Mindy Eisenberg, yoga instructor

Experience relaxation and renewal,
yoga and meditation, Torah study, and
Shabbat during a long weekend.

For more information
contact Jodi Gross or Rabbi Shere

March 8 to 10, 2019

MUSSAR: A JEWISH MAP TO A MORE MEANINGFUL LIFE

Taught by Rabbi Bergman

Mussar is a unique approach to living a good and meaningful life.

It transmits timeless advice for everything from having happy
relationships to creating harmonious communities.

Each class is self-contained. No previous knowledge necessary.

Mondays at 7 p.m.: November 5, December 10, January 14,

February 11, April 15 and May 13

SISTERHOOD ROSH CHODESH SERIES

Led by Rabbi Shere

With each new month (Rosh Chodesh) comes an opportunity
for self renewal. The series kick-off includes an
interactive service, music and study

Monday, December 10, 10 to 11:30 a.m.

Followed by one hour study sessions to celebrate
Rosh Chodesh from 10 to 11 a.m on

Wednesday, February 6, Friday, April 5 & Friday, August 2.

An evening session will be held from 7 - 8 p.m. on Tuesday, June 4.

For more information about adult learning opportunities, check out our
website, www.adatshalom.org or contact Jodi Gross,
Director of Adult Learning & Youth Engagement, 248.851.5100
or email her at jgross@adatshalom.org